

Battle For Britain: Intermediate Vocabulary

Emotions	
relaxed	happy because you aren't worried about anything
nervous	worried because of something that is going to happen
pleased	happy about something that happened
embarrassed	feel stupid because of something you did or something that happened
annoyed	a bit angry
fed up with	annoyed or bored because you have done something for too long
sick and tired of	fed up with doing something
disappointed	unhappy because something is not as good as you wanted it to be, or because something hasn't happened
stressed out	worried and not able to relax
calm	relaxed and peaceful
upset	unhappy or worried because something bad has happened
scared	frightened
satisfied	pleased because something has happened in the way that you want
confused	when you don't understand what is happening or what people are saying
frustrated	annoyed because things are not happening in the way that you want them to
concerned	worried
content	satisfied
Cooking, sleeping	
boil	cook in a saucepan in water at 100°C
roast	cook chicken, lamb, potatoes, etc. in an oven
bake	cook bread, cakes, biscuits, etc. in an oven
grill	cook under a grill
fry	cook in a frying pan
heat up	make something hot that is already cooked (a ready meal, something you cooked yesterday, etc.).
microwave	cook in a microwave
steam	cook with steam produced by boiling water.
pillow	something you put your head on when you sleep
have a dream	have stories and pictures in your head while you are sleeping
have a lie-in	when you stay in bed longer than usual in the morning
fall asleep	start sleeping
wake up	stop sleeping
get to sleep	start sleeping, often with some difficulty
snore	breathe in a very noisy way when you are sleeping
fast asleep	completely asleep
wide awake	completely awake
have insomnia	not be able to get to sleep
not sleep a wink	not sleep at all (informal)
nightmare	a frightening dream
light/heavy sleeper	be sb who wakes up easily/doesn't wake up easily
have/take a nap	have a short sleep in the day
doze off	fall asleep slowly, often in the day or when you don't plan to sleep
Strong adjectives	
exhausted	extremely tired

huge	extremely big (h...)
enormous	extremely big (e...)
tiny	extremely small
impossible	extremely difficult
terrified	extremely frightened
amazed	extremely surprised
delicious	extremely tasty
freezing	extremely cold
boiling	extremely hot
gorgeous	extremely beautiful
fascinated	extremely interested
furious	extremely angry
delighted	extremely happy
filthy	extremely dirty
Travelling	
set off	start a journey
get around	travel to different places in the same town area
deal with	do something in order to solve a problem or achieve something
check in	go to the reception desk to say you have arrived and to get the key to your room
check out of	go to the reception desk to pay your bill before you leave
put up with	accept a situation that you don't like because you can't change it
see sb off	go to the place where somebody is leaving from (for example, an airport or a station) to say goodbye to them
pick sb up	go to a place where somebody is waiting and take them where they want to go
look forward to sth	feel happy and excited about something that is going to happen
travel light	travel with a very small amount of luggage
trip	when you go to a place for a short time and then come back
guided tour	when you travel to lots of places in a city or country and a guide tells you about the interesting things you can see
journey	when you travel from one place to another place
cruise	a holiday on a ship when you sail from place to place
package holiday	a holiday where everything is included in the price
Music, personality adjectives	
audition	when sb does a short performance to try and get a job as an actor, singer, etc.
gig	a concert (rock, pop, jazz, etc.)
appear	be in a concert, film, TV programme, etc.
release	make a CD, film, etc. available for the public to buy or see
hit single	a single that is very successful and sells a lot of copies
on tour	when a band or singer is ____, they travel from one city or country to another and play concerts in each place
the charts	official lists that show which singles and albums have sold the most copies each week
play live	play in front of an audience
onstage	on a stage in a concert hall or a theatre
adventurous	_____ people like visiting new places and having new experiences.
talented	_____ people have a natural ability to do something, like paint, write, play music, etc.
sensible	_____ people can make good decisions based on reasons and facts

sensitive	_____ people are able to understand other people's feelings and problems and help them in a way that does not upset them.
brave	_____ people are not frightened in dangerous or difficult situations.
determined	_____ people want to do something very much and don't allow anything to stop them.
reliable	_____ people always do what you want or expect them to do.
organised	_____ people plan things well and don't waste time.
stubborn	_____ people won't change their ideas/plans when other people want them to.
ambitious	_____ people want to be very successful or powerful.
confident	_____ people are sure that they can do things successfully or well.
generous	_____ people like giving money and presents to other people.
mean	_____ people don't like spending money or giving things to other people.
responsible	_____ people behave sensibly and can make good decisions on their own.
remarkable	very unusual
violent	_____ people try to hurt or kill other people.
arrogant	_____ people believe they are better or more important than other people.
selfish	_____ people usually only think about themselves.
hard-working	_____ people work very hard.
loyal	_____ people always support their friends, etc.
enthusiastic	_____ people show a lot of interest and excitement about something.
considerate	_____ people are very kind and helpful.
spoil	_____ people behave badly because other people always give them what they want or allow them to do what they want (often used for children).
offensive	_____ people often upset or embarrass people by the things they say or how they behave.
helpful	_____ people like helping other people.
moody	_____ people are often unfriendly because they are angry and unhappy.
bad-tempered	_____ people become annoyed or angry easily.
well-behaved	_____ people behave in a quiet and polite way.

Around the house

view	the things you can see from a place (usually attractive)
suburbs	an area where people live outside the centre of a city
rough	a _____ area is a place where there is a lot of violence and crime
neighbourhood	a part of a town or city where people live
basement	a room or area below ground level under a house or building where you can live or work
cellar	a room under a house that is used for storing things
en-suite bathroom	a bathroom that is directly connected to a bedroom
fitted kitchen	a kitchen where the cupboards, cooker, etc. fit exactly into the space
clear out	tidy a room, cupboard, etc. and get rid of the things in it that you don't want any more
sort out	arrange or organise things that are not in order or are untidy
give away	give something to sb without asking for money
throw away	put something in the rubbish bin that you don't want any more
tidy up	make a room or place tidy by putting things back in the place where you usually keep them
put away	put something in the place where you usually keep it
go through	carefully look at things to find something or to see if you want to keep them

Make vs. Do, verbs

make an excuse	give a reason to explain why you did something wrong (often used in the plural)
make up your mind	make a decision
make progress	get closer to achieving or finishing something
make a mess of something	do something badly or make a lot of mistakes
make an appointment	arrange a time and place to meet sb, particularly a doctor, dentist, etc.
do the housework	do things like washing, cleaning, etc. in order to keep the house clean and tidy
do a favour	do something to help sb
could do with	want or need (food, drink, etc.)
have a go at	try sth you haven't tried before
deal with	cope with
pick	choose
behave	act in a certain way
spot	to notice
reveal	show
reckon	think, have an opinion
reject	not accept
Information Technology	
delete	remove something from a computer's memory
file	any piece of information stored on computer
create	make something new
folder	a place on a computer where you put documents, pictures, etc.
forward	send an email, document, etc. to sb else's computer
reply (to sb/sth)	answer
back-up copy	an extra copy of computer information
log on	to connect your computer to a system of computers, usually so you can start working
password	a secret word that allows you to use a computer
click on	press a button on the mouse in order to do something on a computer
icon	a small picture on the computer screen that you click on to make the computer do something
attachment	a document, picture, etc. that is sent with an email
link	a connection between documents or parts of the Internet
download	to copy computer programmes, information, music, etc. into a computer's memory, especially from the Internet
software	computer programmes
broadband	a fast connection to the Internet that is always on
Weather	
storm	very bad weather with lots of rain, snow, wind, etc.
thunder	the loud noise that comes from the sky during a storm
lightning	a bright light in the sky caused by electricity during a storm, usually followed by thunder
gale	a very strong wind
shower	a short period of rain
hurricane	a violent storm with very strong winds
fog	thick cloud just above the ground or sea that makes it difficult to see
humid	when the air is hot and wet
heat wave	a period of unusually hot weather that continues for a long time

flood	when a lot of water covers an area that is usually dry, especially when it rains a lot or a river becomes too full
Health	
GP (General Practitioner)	a doctor who gives medical treatment to people who/that live in a particular area.
specialist	a doctor who knows a lot about one area of medicine.
surgeon	is a doctor who does operations.
surgery	1) a building or an office where you can go and ask a GP or a dentist for medical advice; 2) a medical operation
operating theatre	the place where you have an operation.
asthma	is an illness which makes it difficult for you to breathe.
A&E (Accidents and Emergencies)	the part of a hospital where you go if you have an emergency
allergic to	having an allergy to
ward	a big room with beds in a hospital where patients receive medical treatment.
prescription	a piece of paper which the doctor gives you so that you can get the medicine you need.
infection	a disease in part of your body which is caused by bacteria or a virus.
suffer from	to have an illness or other health problem that gives you pain
runny nose	when your nose produces liquid all the time, usually when you have a cold, a rash
blocked-up nose	when you can't breathe through your nose.
wheezy	when you breathe noisily and with difficulty, particularly when you have asthma or an allergy
hay fever	an illness with symptoms similar to a cold that is caused by flowers or grass in the spring and summer.
diarrhoea	when you have to go to the toilet all the time.
sneeze	when you blow air down through your nose suddenly; for example when you have a cold.
throw up	(informal) be sick, vomit.
food poisoning	when you eat some food that is bad and makes you ill.
heal	get better (for cuts, injuries, etc.)
treat	give medical attention
scar	a mark on your skin after a cut
mixture	a number of different things put together
remedy	a medicine
cure	make sb feel better when they have an illness
recover	to feel better after an illness
beat	when your heart ____s, it makes regular movements and sounds
Set phrases and phrasals	
by chance	accidentally
get hold of sb	contact somebody, often with difficulty
let sb know	tell somebody some information
be in touch with	communicate regularly with somebody by phone, email, letter, etc.
lose touch with	not be in touch with somebody any more, usually because they have moved house, changed job, etc.
keep/stay in touch with	not lose touch with somebody
get in touch with	contact somebody by writing, emailing or phoning them
get out of	avoid doing something you don't want to do

get over	feel better after you have been unhappy or ill, recover
look up	find some information in a book or on a computer
point out	tell sb some information you think that they don't know or have forgotten
put off	decide or arrange to do something at a later time
fall out with	argue with somebody and stop being friendly with them
come up with	think of an idea or a solution to a problem
split up	end a marriage or relationship
come across	find something by accident
fancy doing	want to do
can't be bothered	not want to do something because you don't have enough energy or interest
feel up to	feel well enough or have enough energy to do something
hang around	spend time somewhere, usually for no reason
be into	enjoy or like something
be off	leave a place
carry out	do something that sb told you to do, or you agreed to do
take part in	be involved in something with other people
It's up to you.	You decide.
Work	
run	organise or control a part of a business, school, etc.
shift	a period of work in a hospital, factory, etc.
in charge of	responsible for a group of people, or an activity
demanding	A _____ job needs a lot of time and energy.
rewarding	A _____ job makes you feel satisfied when you do it well.
stressful	If you have a _____ job, you worry about it a lot.
challenging	A _____ job is very difficult, but in an enjoyable way.
part-time	If you have a _____ job, you only work part of the working week.
full-time	If you have a _____ job, you work every day in the working week.
repetitive	In a _____ job you do the same things again and again.
temporary	You have a _____ job for only a short time.
permanent	You have a _____ job for a long time.
dull	A _____ job is very boring.
glamorous	A _____ job is very exciting and attractive because it is connected with fame or success.
well-paid	In a _____ job you earn a lot of money.
badly-paid	In a _____ job you don't earn a lot of money.
lonely	If you have a _____ job, you work on your own and don't see or talk to many people.
overtime	extra time that you work after your usual working hours
workaholic	sb who works too much
hit/meet the deadline	manage to finish work on time
pressure	difficult situations or problems that make you feel worried or unhappy
working conditions	things which affect the quality of your job (working hours, the place you work, holidays, sick pay, etc.)
work long hours	spend a lot of time at work
broke	very poor
approach	attitude or way of dealing with things
target	something you want to achieve
call off	cancel something that was planned

go on strike

stop going to work because you want more money or better working conditions.